

10% introductory offer for all Prestbury Tennis Club members

It was great to have a presence at the recent Open Day and meet so many members and potential members of the tennis club.

The Spire Regency Macclesfield has a team of highly trained physiotherapists:

Ryan Bailey (Head of Physiotherapy - post op recovery, outpatients)

Lisa Barrington-Ford (Physiotherapist – special interest in shoulders)

Cathy Sheader (Physiotherapist – inpatients & outpatients post op recovery)

Stephen O'Hearns (Physiotherapist – outpatients)

Emma Scragg (Physiotherapist – Inpatients & outpatients post op recovery - currently on maternity leave)

From rotator cuff tears to patella tendonopathy, physiotherapy helps with a host of common tennis injuries. We will be communicating a number of hints, tips and exercise regimes over the next few months to help with your play.

Need an appointment? -You do not need a doctor's referral to see one of our physiotherapists whether you are a self-pay patient or privately insured we can cater for your needs.

10% discount on your first booking for Prestbury Tennis Club members

Please call 01625 507476 to book an appointment or visit

www.spirehealthcare.com/regency/physiotherapy/