

TENNIS

JUNIOR TRAINING

11YRS – 18YRS



DAY / TIME	Age Group	Coach
Monday		
5:30 - 6:30	Boys u12 Team	Jon
5:00 - 6:30	Girls u16 Team	Dave H
Tuesday		
4:30 - 5:30	Mixed u16 Team	Jarek
5:30 - 6:30	Girls u18 Cardio	Dave H
Wednesday		
4:30 - 5:30	Girls u16 Cardio	Jarek D
5:30 - 6:30	Boys u14 Team	Jon C
Thursday		
4:30 - 5:30	Boys u14 Team	Jon C
4:30 - 5:30	Boys u14 Cardio	Jarek
5:30 - 6:30	Mixed u16 Team	Jon C
5:30 - 6:30	Boys u16 Cardio	Jarek D
Friday		
5:30 - 6:30	Mixed U12 Team	Jon C
Saturday		
12:15-1:15	Boys u12 Team	Jarek
1:15 - 2:15	Mixed u14 & u16	Jarek D

TOUR - For players regularly playing in the Cheshire or Regional Tour.

TEAM - for players playing team matches or in the squad

CARDIO - for beginner and recreational players

- Autumn 2016 - Mon 5th Sept - Sat 22 Oct (7 weeks) ●
- Winter 2016 - Mon 31st Oct - 17th December (7 weeks) ●

BOOK ONLINE WWW.STARTENNIS.CO.UK

JON 07702814351 & JAREK 07917548101



PRESTBURY TENNIS CLUB

