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13th March 2018



Dear Member,

It has been another very busy year for the Tennis Club and I would like to thank the Trustees, Madam President and all Committee members past and present, for their tireless work in managing the club to the high standards we all enjoy.

Prestbury Tennis Club continues to follow the vision of being primarily a family orientated club catering for all ages and abilities providing the opportunity for all members to play quality tennis in a safe and inclusive environment.

Once again, membership numbers have remained relatively steady, but the club is never complacent and we are always looking to recruit new members and retain those we have.

To this end, we endeavour to manage the club in the best way possible following the 4 Year Vision and Action Plan which can be found in the Clubhouse.

Please take time to look at this (an email copy can be sent to you if requested to [here](#)) and any comments and feedback are most welcome.

Notable achievements in 2017 have been a full and action packed coaching programme for everyone, continued success for junior and senior teams, dynamic partnerships with local schools and the community and the achievement again of the LTA TennisMark+ accolade.

Looking to the immediate future in 2018, there are 3 major projects going ahead:

- Replacement of Courts 7 and 8
- £35,000 refurbishment of the Clubhouse
- Launch of the new website and greater use of social media platforms

This is in addition to all the usual events that take place every year as well as other new initiatives and activities. Please look out for all details in the Newsletter and on FaceBook.

As has been said many times before, all this doesn't happen without the Committee and the army of volunteers who give so freely and enthusiastically of their time.

If you have any skills to offer or wish to get involved, please contact me or any member of the Committee and join our wonderful team of volunteers!

So, it's time to RENEW your subscriptions...

don't delay and join up again to remain a member of our fantastic tennis club!

Please note there are some new categories which are detailed on your renewal form if applicable.

To make it easier, there are times when you can renew at the club when our Membership Secretary and members of the Committee will be there:

Saturday 17th March Family Afternoon
 Friday 23rd March Kids Easter Party
 After School every day week beginning 26th March (not Friday 30th)
 Wednesday 28th March Club Night

Also to note, there are government changes being introduced in May 2018 regarding General Data Protection Regulation (GDPR) which will affect all Sports Club so please look out for details coming shortly.

Above all **BE INSPIRED** and enjoy **TENNIS FOR LIFE** at Prestbury Tennis Club

FAMILY : FUN : FRIENDS : FITNESS

Best Wishes,

Judy Grant Chairman PTC

Family workshop - Saturday 17th March
12:15 - 1:15. £1/player .



Learn how to practice with you kids even if you have never played before .

Jon Cain
Level 5 Master Club Coach
Prestbury Tennis Club
joncain2000uk@hotmail.com
07702814351
www.startennis.co.uk



Ken Burgess is celebrating his 90th birthday at the beginning of April, and would like to invite his friends at the club to join him at the Lilac Cottage in Prestbury (ex Romulus)for drinks and canapés on **SUNDAY 18TH APRIL** at 1 pm. If you can join him, please either add your name to the list in the clubhouse, or let Lesley Cain know [by email here](#) no later than 17th March.

Ken has specifically requested NO GIFTS, thank you.



Easter Camps

3-12 April
Extended Days 9-4pm
£21 members / £23 non members

Easter Tiebreak Tens Junior Comp

u13/u15/u18
Wed 4 April 4:30 - 7:00pm
Txt Jon to book 07702814351 (email and number required)
£8entry

Jon CainHead Coach

LTA Master Club Coach

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!!TENNIS IS FOR EVERYONE!!

Balls!

Nectl have done a deal on balls with Monkhouses. Balls are available to buy in multiples of 6 dozen at a price of £11.70/dozen. The more balls bought, the more the sponsorship they will give the league next year. We're planning on putting an order in. If you'd like to buy a tin or 2 please let one of the ladies team captains know asap and we'll add them to the order or contact Alison by email [here](#) .



Ladies 'All teams' practise dates.

The last 2 ladies 'All team' practices are the next 2 Saturdays, 17th and 24th March, 5-6.30 pm. any query please contact your team captain.

Below is Jon Cain's report on amazing trip to Uganda - www.tennisforalluganda.com

A big thanks to everyone who supported the fundraising which helped buy new balls and fund extra coaching for Tennis for All Uganda. A little goes a long way over there...



Prestbury Tennis Club Head Coach Jon Cain went over to Uganda with his suitcase full of tennis rackets, balls and sports clothing to give to a local Ugandan Tennis Charity. Jon volunteered with Tennis for All for 8 days by delivering coaching, team challenge events, mentoring the coach team and running a tennis leaders course for local teenagers followed by a relaxing weekend on the Nile.

Tennis in the capital city survives on 3 clubs spread across the city which all charge for court hire - far too expensive for locals. The local charity relies on using a school playground for free which has to be dragged every day to get rid of the rocks and branches, then the lines are painted and nets put up every day. This however may go so they are looking to build a new mini tennis court which requires £2000 of fundraising to keep their project alive.

The kids regularly turn up to their school tennis session with no trainers, playing with broken rackets and playing with one ball between 4 players. Zsig LTD kindly donated 120 tennis balls to the program which could last up to 2 years with their resourceful nature. Sadly kids have to pay for school and often do not attend as they have not paid for their fees and therefore miss out on education, tennis and playing with friends.

Everyday kids are queuing outside the locked gates hoping that staff may let some in. The Charity delivers free coaching for kids on a Saturday morning for kids from the local slums and neighbourhoods - they see 70 kids attend over a 3 hour period. A fun packed morning gives kids a break from the hardship and a chance to play in a safe environment. They require support from local volunteers so Coach Jon Cain helped support the program by delivering a tennis leaders course to 16 local teenagers.

The tennis leaders course developed assistants learning feeding skills, how to run a practice & competition session, how to advertise and most importantly how to communicate on court. Many of these skills will help them in life and getting jobs in the future as well as helping the well being of the local community and growing the game.

Vince and Julius who set up the charity in 2012 give out numerous hours of their time and supply attendees with equipment. They often have to walk for miles to different venues and eat the bare minimum yet still have energy to

deliver quality coaching. They have even trained up a local deaf teacher to deliver tennis to deaf children and those with disabilities whom years ago would be denied education and sporting opportunities.

Both coaches worked their way by being a ball boys for clients at Lugogo Tennis Club and learning how to coach whilst picking up balls for hours on end. Jon learnt how to mentor on his LTA Master Club Coach Award which came in useful on the trip by guiding, sharing ideas, experiences in running Star Tennis LTD and wants to grow the charity from home.

Tennis for all want other LTA / ITF coaches to go over to support their programme so they can develop as coaches as they do not have any coach education courses in Uganda. They also require funding and general support for their charity which you can follow on Facebook.

If you can help in any way please email Jon Cain joncain2000uk@hotmail.com or go to www.tennisforalluganda.com

Jon Cain Head Coach

LTA Master Club Coach

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!!TENNIS IS FOR EVERYONE!!

For legal reasons we have to include the link below it in this email, but, please **DO NOT** use it. The Tennis Club uses email to communicate a wide range of information, including AGM documentation and membership renewal information. It is very important that this is delivered.

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